



Kitchen Science

- ✚ **Can you pull out a tablecloth without sending cups and saucers flying???**
- ✚ **Can you make an egg bounce???**
- ✚ **Can you blow up a balloon without using your mouth???**
- ✚ **Can you make water defy gravity???**

Kitchen Science is made up of simple and fun experiments that you can do with your children. So called because each experiment uses common ingredients that you most likely already have in your kitchen cupboards. These include food colouring, milk, salt, vegetable oil, eggs, baking soda and vinegar.



[Science-in-the-kitchen.jpg \(600x800\) \(kidsactivitiesblog.com\)](#)

Although these experiments are very simple, they allow your child to experiment, explore and create. These are some great STEM activities that can be done after dinner, during the holidays or just when you want to have some fun!

The Science Museum website contains step by step instructions for kitchen science experiments/activities, all of which can be done at home. All of these are safe to do, provided the instructions are followed. Please use the link below to start experimenting!

[Kitchen science activities - Science Museum Group Learning](#)

We hope you have fun trying these exciting experiments out! Remember to send some photos in for us to see your amazing activities. Send any pictures to akeb@iiuk.org.

All the best,

AKEB Team.



The information in the article was adapted from the following websites:

[16 \(Almost\) Free Kitchen Science Experiments for Kids - Science Kiddo](#)

[Kitchen science activities - Science Museum Group Learning](#)