





# 84th AKDN ECD Resource Update July 31st, 2020



# His Highness the Aga Khan



# His Highness the Aga Khan Opening of the Ismaili Centre Vancouver August 23, 1985 - Burnaby, BC

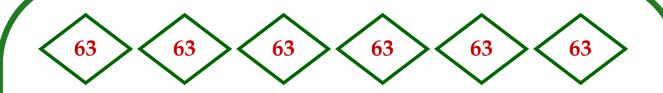
"The Ismaili community has sought to create a building here which is both Islamic in its architectural inspiration and of a quality to enhance the overall distinction of Burnaby. The Jamatkhana is designed to be a social and cultural centre, as well as a place of congregation. It expresses the Ismailis' desire to give of their best to the cultural and economic fabric of Canada. They are proud that it symbolises their commitment both to this country's future and their ancient heritage. Nor is there any dichotomy in this dual aim. Muslims believe their faith is not for one time, but for all times and so there cannot be conflict between tradition and modernity."

https://the.ismaili/ismailicentres/speeches/speech-opening-ceremony-burnaby

Happy 35th
Anniversary









# His Highness the Aga Khan Samuel L. and Elizabeth Jodidi Lecture at Harvard University 12th November 2015 - Cambridge, MA, USA

"The information explosion itself has sometimes become an information glut, putting even more of a premium on being first and getting attention, rather than being right and earning respect. It is not easy to retain one's faith in a healthy, cosmopolitan marketplace of ideas when the flow of information is increasingly trivialised.

One answer to these temptations will be found, I am convinced, in the quality of our education. It will lie with our universities at one end of the spectrum, and early childhood education at the other — a field to which our Development Network has been giving special attention."



https://www.akdn.org/speech/his-highness-aga-khan/samuel-l-andelizabeth-jodidi-lecture-harvard-university







# Prince Amyn Aga Khan Receives Medal of Honour of the City of Porto

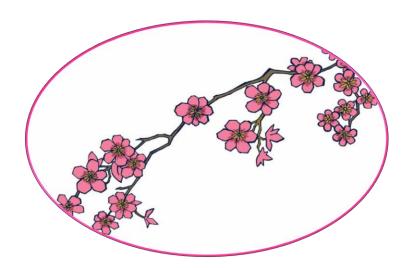
Receives Medal of Honour of the City of Porto July 9, 2018 – Lisbon, Portugal

#### Press Release

https://www.akdn.org/press-release/prince-amyn-receives-medal-honour-city-porto

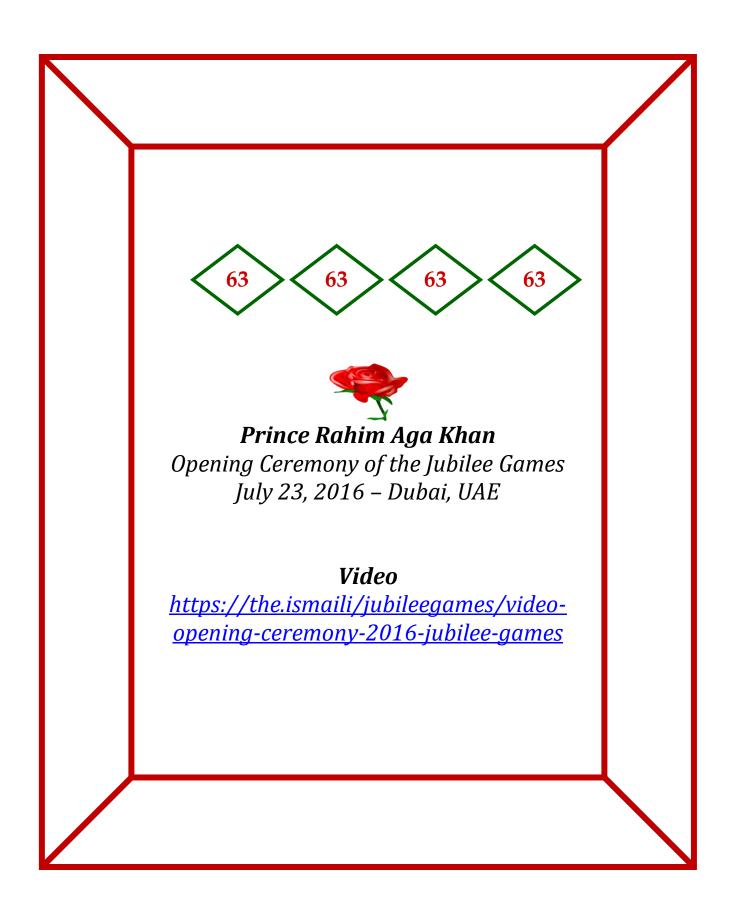
#### Video of the Ceremony

https://www.akdn.org/video/prince-amyn-receives-medal-honour-city-porto













# **August and September 2020**



August 12, 2020 - International Youth Day <a href="http://www.un.org/en/events/youthday/">http://www.un.org/en/events/youthday/</a>

August 19, 2020 -World Humanitarian Day <a href="http://www.un.org/en/events/humanitarianday/">http://www.un.org/en/events/humanitarianday/</a>

**September 8, 2020 – International Literacy Day** https://en.unesco.org/themes/literacy-all/literacy-day

September 13, 2020 – Grandparents Day US October 4, 2020 UK https://www.activityvillage.co.uk/grandparents-day

September 21, 2020 – International Day of Peace <a href="http://internationaldayofpeace.org/">http://internationaldayofpeace.org/</a>

**September 30, 2020 – International Translation Day** <a href="http://www.fit-ift.org/international-translation-day/">http://www.fit-ift.org/international-translation-day/</a>







# **Early Childhood Conferences and Other Related Events**

# Conferences & Online Workshops



#### **NEW** Emotional Intelligence 2020 Online Conference

August 11-12, 2020 - Virtual

Join Marc Brackett and Robin Stern – who lead the Yale Center for Emotional Intelligence – and other leading researchers as we explore the latest research on emotional intelligence and how it can be applied to today's many challenges.

Early Bird Registration: August 7, 2020

https://go.ojilifelab.com/ei2020/

#### **World Forum on Early Care and Education April 20-23, 2021 – Vancouver, BC**

Join early childhood professionals and advocates from around the world who will engage in work and dialogue to impact the futures of young children and their families.

Early Bird Registration: Register Now

https://worldforumfoundation.org/2021-event/

https://worldforumfoundation.org/2021-registration/

#### **Zero to Three Annual Conference**

October 7-9, 2020 – Salt Lake City, Utah

You will be inspired by the innovative work being done on behalf of infants and toddlers.

Early Bird Registration: August 31, 2020

http://annualconference.zerotothree.org/

https://annualconference.zerotothree.org/pricing/

# **Virtual Social Emotional Learning Conference Exchange 2020**

October 15, 2020 - Chicago, United States

This national gathering is for all those seeking to understand, experience and apply the latest developments in social and emotional learning.

Early Bird Registration: Details will be available soon

https://selexchange.casel.org/2019selexchange/Home





#### (Cost) Positive Schools Online - Coming August 2020

The Positive Schools Online service will offer evidence based, very affordable, convenient and highly meaningful learning for educators and school communities. <a href="http://www.positiveschools.online/">http://www.positiveschools.online/</a>

#### (Cost) Administration of Early Childhood Programs

This interactive course acquaints participants with critical elements in establishing and operating a childcare center. It will explore state regulations, staff relationships business practices, parent communication and community relationships. <a href="https://earlychildhoodprofessionaldevelopment.com/course/administration-of-early-childhood-programs-winter-2020-copy/">https://earlychildhoodprofessionaldevelopment.com/course/administration-of-early-childhood-programs-winter-2020-copy/</a>

#### (Cost) Institute of Child Psychology

The Institute of Child Psychology is offering courses on anxiety, trauma, emotional regulation, grief and loss and much more. More information through the link below. <a href="https://instituteofchildpsychology.com/product-category/online-webinars-and-courses/">https://instituteofchildpsychology.com/product-category/online-webinars-and-courses/</a>

## (Cost) Self-Compassion for Educators – Online Program

Mindful Schools is offering a 6-week training is designed for educators to dive into the *research*, *practice*, and *experience* of self-compassion. Enhance your well-being and revitalize your deep motivation for helping others

https://www.mindfulschools.org/

https://www.mindfulschools.org/training/self-compassion-for-educators/

#### (Cost) Outdoor Classrooms

Online Courses for Outdoor Classrooms A variety of topics for outdoors https://www.outdoor-classrooms.com/courses/

#### (No Cost) Cox Campus Early Childhood Video Based Courses

Sign up and you can access the modules free of charge <a href="https://app.coxcampus.org/#!/courses/categories">https://app.coxcampus.org/#!/courses/categories</a>





#### Certificate in Early Education Leadership The Saul Zaentz Early Education Initiative – Harvard Graduate School of Education

The Certificate in Early Education Leadership (CEEL) is a first-of-its-kind, jobembedded, online program that provides early education leaders with the knowledge, skills, and tools needed to strengthen learning environments and foster quality improvement in all early education settings.

https://zaentz.gse.harvard.edu/programs/certificate-in-early-education-leadership/

#### (COST) Online Mindful Parenting Course

The online course offers a practical and approachable guide to integrating mindfulness into parenting. Through journaling and physical exercises, the instructor guides her students through a clearer understanding of their current experience of parenthood, what has shaped it, and how mindfulness can influence the adventure. <a href="https://childlight.teachable.com/p/mindful-parenting">https://childlight.teachable.com/p/mindful-parenting</a>

#### (Cost) High Scope

Online courses are designed to cover a wide variety of topics, learning takes place within an interactive community of teachers, caregivers, and trainers. <a href="https://secure.highscope.org/ecom/categorypage/2f2972a3-af36-45c1-af7f-35f260538532">https://secure.highscope.org/ecom/categorypage/2f2972a3-af36-45c1-af7f-35f260538532</a>

### (COST) Shift-it-Coach - Graphic Facilitation Training

The Fundamentals of Working visually teaches the four main approaches: Graphic Facilitation, Graphic Coaching, Graphic Recording and Studio Work. In this fun and interactive training, you'll learn foundational theory and the skills of working visually. <a href="https://www.shift-it-coach.com/training/fundamentals/">https://www.shift-it-coach.com/training/fundamentals/</a>

#### (No Cost) Math At Home – Eight Course Online Curriculum Professional Development Series for Early Childhood Educators

This eight-course online curriculum introduces teachers and caregivers to mathematical concepts such as math literacy, number sense, patterns, geometry, measurement, data collection and math processes. Each lesson also includes tips on setting up a mathenriched environment, as well as animations, interviews with math experts, videos of children and teachers in classroom settings and links to the Math at Home website. <a href="https://mathathome.earlymathcounts.org/early-math-matters/">https://mathathome.earlymathcounts.org/early-math-matters/</a>

Create an account to register: <a href="http://www.earlylearning.online/login/index.php">http://www.earlylearning.online/login/index.php</a>





#### **Early Childhood and Autism Spectrum Online Course**

Early Childhood and the Autism Spectrum is a specialized course designed for early childhood educators and parents of young children with autism. The focus of this session is to provide an interactive seminar or online course, using real-life case studies, video instruction, and interactive activities to support the participant's capacity to support peer play and friendships at preschool and daycares.

 $\underline{https://www.friend2friendsociety.org/early-childhood-and-the-autism-spectrum/}$ 

#### **Post Baccalaureate Certificate in Family Literacy**

Our program is designed to help you understand the key components of family literacy including:

- how to understand children's language and literacy development and support academic success
- how the role of adult education relates to adult learners' needs and their roles as caregivers, workers, and community members
- how to strengthen and enhance parents' knowledge of their roles and responsibilities as their children's first teachers
- how to engage in interactive literacy activities with children and how to engage with schools and teachers

https://www.worldcampus.psu.edu/degrees-and-certificates/family-literacy-certificate/overview

### (NO COST) CMAS Online Learning List of Online Tutorials, Webinars and e-Courses

- **★** The Importance of Early Identification
- **♠** Child Abuse Prevention and Intervention
- **♦** Separation Anxiety and Culture Shock
- **♦** Working with Newcomer Families

Free training: You can start the course through the link below:

https://cmascanada.ca/cnc/learning-centre/online-learning-centre/

# (COST) (Newly Courses Added) Online ePyramid Modules

Infant Toddler ePyramid Module Package Preschool ePyramid Module Package Birth – Five ePyramid Module Package Trauma Informed Care and Pyramid Model Wellness: Taking Care of Yourself

http://www.pyramidmodel.org/services/online-training/





#### (No Cost) Emerging Minds Online Courses

The National Workforce Centre for Child Mental Health offers innovative online courses specifically designed to support your practice. Our courses are innovative, interactive, engaging, free and contain invaluable practical demonstrations to help you put learning into practice. Register to create a free account.

https://emergingminds.com.au/training/online-training/

#### (Cost) Pyramid Model Recorded Webinars

A series of recorded webinars available to view for educators and practitioners <a href="https://challengingbehavior.cbcs.usf.edu/training/Webinar/archive/">https://challengingbehavior.cbcs.usf.edu/training/Webinar/archive/</a>
<a href="https://challengingbehavior.cbcs.usf.edu/resources/index.html">https://challengingbehavior.cbcs.usf.edu/resources/index.html</a>

#### (Cost) Mindstretchers - Resources and Online Courses

Floorbooks, Floorbooks and the Brain, Risk it, Nature Pedagogy and more.....

http://www.mindstretchers.co.uk/

http://www.claire-warden.com/online-courses-and-webinars/

#### (Cost) Online Course - Finding Calm in the Chaos

Weekly coaching sessions that will focus on managing our emotional reactivity in response to the world around us.

https://www.thekindnessrocksproject.com/products/finding-calm-in-the-chaos-lewtl

#### (COST) MindBE curriculum – Starting September, 2020

The MindBE curriculum is a researched based programme designed to reduce stress in both teachers and students, create calmer, more focussed classrooms, develop self-regulation skills and allow children to become kinder, more empathetic and caring. The 30-lesson programme incorporates printable puppets and resources to teach children the skills of mindfulness.

https://mindbe.org/mindbe-curriculum

# (No Cost) Preschool Neuroscience Summit

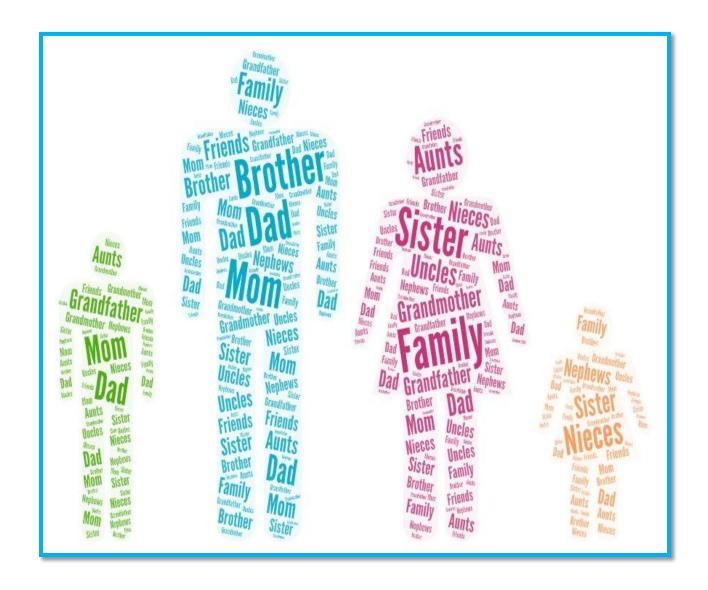
Date: August 31st to September 2, 2020

Over 35 experts! Learn about understanding the brain and how it works is essential for preschool teachers and parents.

https://www.preschoolneurosciencesummit.com/preschool-neuroscience-summit







## Center on the Developing Child – Harvard University ACEs and Toxic Stress: Frequently Asked Questions

https://developingchild.harvard.edu/resources/aces-and-toxic-stress-frequently-asked-questions/





## **Coronavirus Information for Educators, Families and Administrators**

# **NEW** The Brain Architects Podcast: Mental Health in the Lock Down World

In this episode of The Brain Architects, they discuss what supporting your own mental health can look like, as well as ways to support children you care for at this time. They also talk about what mental health professionals all over the world are doing to help take care of our societies in the midst of the pandemic, and how they're preparing for the challenges that come next. **More podcasts available through this link.** <a href="https://developingchild.harvard.edu/resources/the-brain-architects-podcast-covid-19-special-edition-mental-health-in-a-locked-down-world/">https://developingchild.harvard.edu/resources/the-brain-architects-podcast-covid-19-special-edition-mental-health-in-a-locked-down-world/</a>

# **NEW** How to Support Children and Yourself During the COVID-19 Outbreak

Everyone can help support a child's healthy development (and it may even help relieve your stress!) Just a few minutes and some simple, free activities can make a difference. <a href="https://developingchild.harvard.edu/resources/how-to-support-children-and-yourself-during-the-covid-19-outbreak/">https://developingchild.harvard.edu/resources/how-to-support-children-and-yourself-during-the-covid-19-outbreak/</a>

#### **NEW** Covid 19 Resources

Through this link you will find a list of links to national and international resources that can help with a variety of concerns related to the COVID-19 pandemic. From child care, to housing, to health care and medical information, many outstanding organizations are offering helpful resources.

https://developingchild.harvard.edu/resources/covid-19-resources/







# Anti-Bias, Diversity, Bilingualism, Language, Peace & Pluralism

#### **NEW** Video: Learning about a Child's Family Culture

In this video, Dr. Tanya Moorehead explains that one important way teaching professionals can demonstrate their commitment to supporting children from all backgrounds is to take the time to get to know something about the unique family culture of each child in their classroom.

https://www.easternct.edu/center-for-early-childhood-education/expert-interviews/learning-about-family-culture.html

# **Early Childhood Websites for Educators**

**COVID-19 and Early Care and Education Considerations Before Reopening** Explore the latest research- and science-informed resources and practices for caring for children during Covid-19. Early care and education directors and staff, and training and technical assistance staff, can use this tool as a guide to prepare programs to reopen. <a href="https://eclkc.ohs.acf.hhs.gov/physical-health/learning-module/covid-19-early-care-education-considerations-reopening">https://eclkc.ohs.acf.hhs.gov/physical-health/learning-module/covid-19-early-care-education-considerations-reopening</a>

### Free Resource Library Books for Early Childhood Teachers

- ♦ Emergent Literacy Pre-Reading
- Fun with Math
- ♦ Emergent Literacy Listening
- ♦ Emergent Literacy Language
- ♦ Fine Motor Skills
- ◆ Science Concepts
- ♦ Emergent Literacy Word Comprehension
- Outdoor Fun
- Life Sciences
- ◆ Fun with Math Counting
- ♦ Calming Activities
- Fun with Cooperation
- ♦ Help Children Understand Person Space

https://www.raepica.com/free-resource-library-for-early-childhood-teachers/





## **Kindergarten Websites**

#### Early Learning Network – Best Practices Skill Building Video

There is strong evidence that children who attend high-quality pre-K programs gain critical cognitive, language, literacy and social-emotional skills. http://earlylearningnetwork.unl.edu/2020/07/15/skill-building/

#### **Early Childhood Websites for Families**

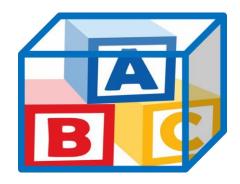
#### Healthy Baby, Healthy Brain

As a parent, you play an important role in the development of your baby's brain. You are your baby's most important connection to the world. These interactions have a life-long effect on your baby's ability to reach full potential. Check out the website. <a href="https://www.healthybabyhealthybrain.ca/">https://www.healthybabyhealthybrain.ca/</a>

#### **Maternal-Neonatal Websites**

#### **ABC's for New Parents Book**

Topics are organized A-Z. Each page contains links to videos or websites supporting the nurturing parenting ideas found under each alphabetical topic. The format resembles a children's storybook, with beautiful images. To get a free PDF copy please contact Naznin Dhanani at <a href="mailto://secanada.org/abcs-new-parents-book">786kidzzone@gmail.com</a> <a href="http://kidcarecanada.org/abcs-new-parents-book">http://kidcarecanada.org/abcs-new-parents-book</a>







#### **Infant-Toddler Websites**

#### **NEW** Kids Care Canada Videos in Translated Languages

From the link below you can explore the video library in English and other languages.

- 01 Social Emotional Basics
- 02 Mindful Parenting
- 03 Most Watched
- 04 Postpartum Depression
- 05 Anxiety, Stress and Adversity
- 06 Language Development
- 07 Healthy Development
- 08 Father's Role
- 09 Bathing Baby
- 10 Baby Massage
- 11 Family and Community
- 12 Science and Research
- 13 Parenting Advice under 1 minute
- 14- About Kid Care Canada
- 15 Other

https://kidcarecanada.org/video-search/

#### **Preschoolers Websites**

#### **Getting Your Child Ready to Return to Childcare**

While each childcare center, in-home provider, or preschool may do things a little differently, there are some common practices that may become part of a child's "new normal." These practices could include wearing a mask or seeing others wear masks; having their temperature checked upon arrival; getting dropped off at the building door rather than at their classroom; having fewer children in their group; washing or sanitizing their hands more frequently; sharing fewer toys, items, or food with their peers; and not getting physically close to their peers or teachers. Use simple explanations and visuals and practice actions as you are able. Doing these things, while staying calm yourself, can help ease any fears your child may have while also helping her understand the situation in a developmentally appropriate way. https://illinoisearlylearning.org/blogs/growing/return-cc/





# **School Age Websites**

#### **NEW** 50 Screen Free Activities for Teens

Looking for fun at home, **screen free activities for tweens or teens**? 50 activity ideas to encourage your tween or teen switch off the TV, stop scrolling and get busy trying something new, re-discovering an activity from their past that they haven't tried in a while, or learning a new skill.

https://childhood101.com/screen-free-activities-tweens

# **Early Childhood Websites for Administrators**

# **NEW** Childhood Education International – Newly Designed Website Expanded Support for School Leaders Working to Reopen Schools

As schools move toward reopening, CE International offers advisory services and professional development to education leaders. Many school leaders around the world are currently tasked with the difficult challenge of reopening their schools safely, and CE International is now expanding our support by offering advisory services and professional development opportunities to those addressing this challenge. <a href="https://ceinternational1892.org/article/support-reopen-schools/">https://ceinternational1892.org/article/support-reopen-schools/</a>

## **Home Visiting Training**

Self-paced trainings can be completed within 2-3 hours at your own convenience. You will have perpetual access so you can always refer back to the content at a later date. https://www.theounce.org/achieveondemand/professional-development-trainings/

# **Supporting Children and Caregivers in the Context of Covid-19**

The Bernard van Leer Foundation recommends five practical steps health and social services can take to support babies, toddlers and the people who care for them during the Covid-19 pandemic.

- 1. Prioritise early years health and nutrition services.
- 2. Continue to provide parent coaching and support through remote means.
- 3. Support the continued provision of childcare services.
- 4. Provide mental health services to caregivers and families with young children.
- 5. Invest in preventing and addressing domestic violence.

This brief is part of a series on ways to limit the impact of Covid-19 on babies, toddlers and the people who care for them.

https://nurturing-care.org/support-during-covid-19





# **Early Childhood Websites for Administrators**

#### **NEW** Templates for Re-Opening your Program

The COVID-19 pandemic has meant that we must all adjust to a new normal and do our part to reduce the spread of the virus. For programs considering re-opening there is a long list of things to do and to get ready.

- Instructions for Template Use
- COVID-19 Enhanced Cleaning Policy Template
- Parent Welcome Back Letter
- Child Wellness Declaration
- ◆ COVID-19 Child Health Policy Template
- ◆ COVID-19 Staff Health Policy Template
- ◆ COVID-19 Drop-off and Pick-up Policy Template for Families
- ◆ COVID-19 Drop-off and Pick-up Policy Template for Managers and Staff
- Visitors to the Program COVID-19 Policy Template Managers and Staff
- ◆ Visitors to the Program COVID-19 Policy Template Families
- Cleaning and Disinfection Schedule
- ♣ Indigenous Early Learning and Child Care Program Re-Opening Considerations
- Human Resources Considerations Related to COVID-19
- ◆ COVID-19 Emergency Funding for Indigenous Early Learning and Child Care
- Considerations for Continuity of Safe Care During COVID-19
- ♣ Tips for Working Remotely

https://www.acc-society.bc.ca/services/early-learning-and-child-care-resources-for-navigating-covid-19/bcaccs-covid-19-resources/

# **Research in Early Childhood**

# **NEW** Connecting the Brain to the Rest of the Body: Early Childhood Development and Lifelong Health Are Deeply Intertwined

This understanding can stimulate a new conversation about early childhood investment in a post-pandemic world. Drawing on the rapidly growing science of adversity and resilience—including continuing advances in brain research—this conversation can inform more effective strategies for protecting *all* developing organs and systems. By intervening early, we can prevent the physiological disruptions that lead to problems in early learning, social-emotional development, and both physical and mental health. <a href="https://developingchild.harvard.edu/connecting-the-brain-to-the-rest-of-the-body-a-mindset-shift-whose-time-has-arrived-for-early-childhood-investment/">https://developingchild.harvard.edu/connecting-the-brain-to-the-rest-of-the-body-a-mindset-shift-whose-time-has-arrived-for-early-childhood-investment/</a>





# **Refugee and Newcomer Children**

# BLOG: Caring at a Distance – Psychosocial Support for Refugee Children in Greece

In March 2020, when the COVID-19 pandemic led to a strict lockdown in Greece, playful and in-person interactions suddenly came to a halt at the Baytna program - an early childhood program developed by Refugee Trauma Initiative (RTI) for refugee children and their caregivers. To continue to support vulnerable families emotionally and socially, RTI and its network of partners created a range of multimedia and psychosocial resources, available online in several languages.

https://www.issa.nl/content/blog-caring-distance-%E2%80%93-psychosocial-support-refugee-children-greece

https://www.refugeetrauma.org/

# (No Cost) Free Early Childhood Investigation Webinars

#### **NEW** August 20, 2020

Running an early learning program was challenging enough prior to the COVID-19 pandemic. Join leading child care expert Kris Murray for a clear roadmap on how to get a handle on the ever-pervasive "loop of overwhelm".

#### **Learning Objectives:**

- ◆ Understand the 3 primary causes of overwhelm and determine which one is the top root cause in your program right now
- ◆ Learn the 4 steps you need to commit to, to show up every day ready to manage and lead with calm, centered focus rather than chaos
- ♦ Identify the primary "time vampires" in your life and your organization, and how to eliminate or manage them with grace
- Gain 3 quick and easy tactics to make a huge shift in your daily calendar management
- Leave with a concrete action plan for how you are going to face your overwhelm head on

#### Register through the link:

https://www.earlychildhoodwebinars.com/webinars/the-ece-directors-overwhelm-loop-how-to-eliminate-overwhelm-in-4-easy-steps-by-kris-murray/





## **Mindstretchers Academy - Nature Play Diary - Free Resources**

#### **NEW** Nature Play Diary

A resource that's perfect for playing with children in the early years taking inspiration from nature. It's made up of free downloadable sheets for practitioners to share with parents and carers so that they can create their own Nature Play Diary.

Our Nature Play Diary will help parents and carers to:

- **♦ Create** ideas and plans with their children
- **♦ Gather** ideas to do things inside, outside and beyond
- Share images of the things they do together to create a diary of wonderful memories

The children can take their diary back to their early years setting or school when they return so their experiences can be explored further.

#### **Download free:**

https://mindstretchers.academy/collections/free-resources

#### Online Courses - Nature Based Learning (Dr. Claire Warden)

https://mindstretchers.academy/collections/online-courses/products/nature-based-learning







## **Important Note**

Please note **AKDN ECD Resource Update** with compiled information will be emailed to you at the end of each month. If you have any questions regarding the above resources or are looking for a specific resource, please do not hesitate to contact me, Naznin A. Dhanani, ECE, ITE, FRP. at 786kidzzone@gmail.com













Aga Khan Development Network Institute of Ismaili Studies Aga Khan Museum Aga Khan Park Aga Khan Gardens The Aga Khan University The University of Central Asia The Global Centre for Pluralism The Aga Khan Schools Aga Khan Program for Islamic Architecture The Aga Khan Hospitals The Aga Khan Academies Aga Khan Agency for Habitat Aga Khan Agency for Microfinance Aga Khan Education Services Aga Khan Foundation Aga Khan Fund for Economic Development **Aga Khan Health Services** Aga Khan Trust for Culture The Aga Khan Music Initiative Ismaili Jamatkhana & Centres www.akdn.org





